

**Barnsley Academy – Year 9 Character and PSHE Curriculum Overview 2023-24**

Autumn Term			Spring Term			Summer Term		
	Class Focus	Homework		Class Focus	Homework		Class Focus	Homework
Week 1			Week 1		<i>Active Citizenship Project</i>	Week 1		
Week 2	<b>Understanding Myself and Others: Looking Ahead</b> <i>Looking back at the successes of Year 8 and looking forward to Year 9 by SMART targets.</i>	To write a letter to Mr Khan explaining your successes in Year 8, what you want to improve on in Year 9 and how you are going to do this.	Week 2	<b>Making Healthy Choices: Being an Adolescent</b> <i>To understand young people's rights and responsibilities.</i>	Choose your issue and Research your actions.	Week 2	<b>Minding Myself and Others: Relationships</b> <i>To learn about romantic relationships, to assess what qualities are important in a healthy romantic relationship and to know how to deal with relationship conflict.</i>	To write a reflection piece on what you find important in a relationship.
Week 3			Week 3			Week 3		
Week 4	<b>Understanding Myself and Others: Self-Management</b> <i>Understanding how to maximise study time, develop strategies to succeed in completing assignments and practise coping strategies for exams.</i>	To write a letter to Year 7 and 8 students telling them how they can study successfully.	Week 4	<b>Making Healthy Choices: Being Healthy – Eating Disorders and Dysmorphia</b> <i>To understand what disordered eating is, the dangers and how to seek support.</i>	Choose your actions, decide how to measure success and plan your actions.	Week 4	<b>Minding Myself and Others: Respecting Myself and Others</b> <i>To understand what an unhealthy relationship is and the importance of giving and withdrawing consent.</i>	To complete a quiz on the facts of unhealthy relationships and consent.
Week 5			Week 5			Week 5		
Week 6	<b>Understanding Myself and Others: Being Independent - Safety</b> <i>To understand how to assess the reliability and trustworthiness of a website and to reflect on difficult dilemmas online and in person.</i>	To write a reflection on a difficult dilemma to do with personal safety: what you would do, what the right thing is to do and why.	Week 6	<b>Making Healthy Choices: Being Healthy – Body Positivity and Self-Confidence</b> <i>To know what the body positively movement is, how to encourage yourself to be body positive and to practise strategies to improve self-confidence.</i>	Put your plan into action: complete your project.	Week 6	<b>Minding Myself and Others: Identity</b> <i>To know how the media affects our views on sexuality, gender roles and stereotyping and to understand the harms that come from this, particularly gender-based violence.</i>	To write a speech to deliver to Year 7 and 8 around the dangers of gender stereotypes.
Week 7			Week 7			Week 7		
Week 8	<b>Understanding Myself and Others: Being Independent - Money</b> <i>To know to recognise financial scams and fraud and know how to combat it.</i>	Research and summarise Martin Lewis' tips to stay financially safe online.	Week 8	<b>Making Healthy Choices: Understanding Mental Health</b> <i>To learn about different types of mental ill-health, how to live with mental ill-health and coping strategies.</i>	Put your plan into action: complete your project.	Week 8	<b>Minding Myself and Others: Managing Influences</b> <i>To know the law around knives, the consequences of knife crime and gang involvement.</i>	To write to your local MP about knife crime and gangs in your local area.
Week 9			Week 9			Week 9		
Week 10	<b>Understanding Myself and Others: Citizenship</b> <i>To understand what cyberbullying is and the laws around sharing images and sexting</i> Anti-Bullying Week 2023 (Make a Noise)	To create an Anti-Bullying week resource that could be used in school to raise awareness of cyberbullying: a tweet, a campaign slogan, a speech etc.	Week 10	<b>Making Healthy Choices: Understanding Mental Health</b> <i>To understand what stress is, how it affects you and practise stress management and self-care techniques.</i>	Reflect, evaluate and report.  <i>All students who successfully complete their active citizenship project will be recognised and rewarded for their commitment and participation.</i>	Week 10	<b>Minding Myself and Others: Negative Choices</b> <i>To know what binge drinking is, the dangers and the physical, social and emotional consequences.</i>	To create a resource that could be used in school to highlight the dangers of binge drinking: a tweet, a speech, a campaign slogan.
Week 11						Week 11		

Week 12	<b>Understanding Myself and Others: Democracy</b> <i>To understand what extremism is and how young people are exploited and radicalised.</i>	To write an email to a Social Media company explaining why it is important to invest more resources into combating extremist accounts.		Week 12	<b>Minding Myself and Others: Substance Use</b> <i>To understand the dangers of class A drugs and to understand what County Lines is.</i>	To write a letter to the Local Community Police asking what they do to prevent drug abuse and County Lines in the local area.
Week 13				Week 13		
Week 14	<b>Understanding Myself and Others: Active Citizenship</b> <i>How to participate positively in society through community work and volunteering.</i> An introduction to the Y8 Active Citizenship Project.	To research one community or volunteering project in your local area and create a report of what they do.		Week 14	<b>Reflection: Looking Back, Looking Forward</b> <i>To celebrate the success and achievements of the last year and set goals for Year 10.</i>	To create an action plan for Year 10.
Week 15						
Assessment				Assessment		