Barnsley Academy – Year 9 Character and PSHE Curriculum Overview 2023-24

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Week 2 Understanding Myself and Others: Boeing Independent Safety Or Survey Seek Servey States and Sees on A work of the Seek Seek Servey States and Sees on A work of Seek Seek Servey States and Sees on A work of Seek Seek Seek Servey States and Seek Seek Seek Seek Seek Seek Seek See		Class Focus	Homework					Class Focus	Homework	
Dithers: Looking Ahead Looking Pack at the seconds Pack Seconds Discovery pack and looking forward To ward and how you are going to to Year 9 oby SMART targets.	Week 1			Week 1		Active Citizenship Project	Week 1			
Week 4 Understanding Myself and Others: Self-Management Understanding how to maximise study time, develop as trategies to succeed in completing assignments and practise coping strategies for exams. Week 5 Week 6 Understanding Myself and Cothers: Being Independent-Safety To understand what disordered eding is, the dangers and how to seek support. Week 5 Week 6 Understanding Myself and Others: Being Independent-Safety To understand how to assess the reliability and trustworthiness of a website and to reflect on difficult dilemmas online and in person. Week 7 Week 8 Understanding Myself and Cothers: Being Independent-Safety What you would do, what the right thing is to do and why. Week 7 Week 8 Understanding Myself and Turstworthiness of a website and to reflect on difficult dilemmas online and in person. Week 7 Week 8 Understanding Myself and Turstworthiness of a website and to reflect on difficult dilemmas online and in person. Week 7 Week 8 Understanding Myself and Turstworthiness of a website and to reflect on difficult dilemmas online and in person. Week 7 Week 8 Understanding Myself and Score and Found and know how to combot it. Week 9 Week 10 Understand what copher bullying is and the lows around sharing images and swring is and the lows around sharing images and swring is and the lows around sharing images and swring is and the lows around sharing images and swring is and the lows around sharing images and swring is and the lows around sharing images and swring is and the lows around sharing images and swring is and the lows around sharing images and swring is and the lows around sharing images and swring is and the lows around sharing images and swring is and the lows around sharing images and swring is and the lows around sharing images and swring is and the lows around sharing images and swring is an around sharing images and swring is and the lows around sharing images and a complex in the same and self-correct with the same around sharing indicate an	Week 2	Others: Looking Ahead Looking back at the successes of Year 8 and looking forward	explaining your successes in Year 8, what you want to improve on in Year 9 and how you are going	Week 2	Being an Adolescent To understand young people's	· ·	Week 2	Minding Myself and Others: Relationships To learn about romantic relationships, to assess what qualities are important in a healthy romantic relationship and to know how to deal with relationship conflict.	To write a reflection piece on what you find important in a relationship.	
tudents telling them how to maximise study time, develop strategies to succeed in completing ossignments and practise coping strategies for exams. Week 5 Week 6 Understanding Myself and Others: Being independent Safety In understand how to ossess the right thing is to do and why. To write a reflection on a difficult dilemma to do with personal safety: what you would do, what the reliability and trustworthness of a website and to reflect an difficult dilemmas online and in gerson. Week 7 Week 8 Understanding Myself and Others: Being independent of trustworthness of a website and to reflect an difficult dilemmas online and in gerson. Week 7 Week 8 Understanding Myself and Others: Being independent of trustworthness of a website and to reflect an difficult dilemmas online and in gerson. Week 7 Week 8 Understanding Myself and Others: Being independent on the reliability and trustworthness of a website and to reflect an difficult dilemmas online and in gerson. Week 7 Week 8 Understanding Myself and Others: Being independent and the proposal safety: what you would do, what the body positively movement is, how to encourage yourself to be body positively movement is, how to encourage yourself to be body positively movement is, how to encourage yourself to be body positively movement is, bow to encourage yourself to be body positively movement is, bow to encourage yourself to be body positively movement in how to recognise financial your extensions and forward and know how to combat it. Week 7 Week 8 Week 7 Week 8 Week 9 Week 9 Week 9 Week 9 Week 9 Week 10 Making Healthy Choices: Understanding Mental Health To large and service and promotive from the low row knives, the conseque will health To large and an encourage your project. Week 9 Week 10 Understanding Myself and Others: Eining independent to the low row knives, the consequence of your project. Week 9 Week 10 Making Healthy Choices: Understanding Mental Health To large and the low to will the large and the low to will the large and							Week 3			
Week 6 Understanding Myself and Others: Being Independent - Safety To understand how to assess the reliability and trustworthiness of a website and to reflect on difficult dilemma so noine and in person.		Others: Self-Management Understanding how to maximise study time, develop strategies to succeed in completing assignments and practise coping strategies for	students telling them how they		Being Healthy – Eating Disorders and Dysmorphia To understand what disordered eating is, the dangers and how to seek	how to measure success and		Minding Myself and Others: Respecting Myself and Others To understand what an unhealthy relationship is and the importance of giving and withdrawing consent.	To complete a quiz on the facts of unhealthy relationships and consent.	
Chers: Being Independent - Safety To understand how to assess the reliability and trustworthiness of a website and to reflect on difficult dilemmas online and in person.			- · · · · · · · · · · · · · · · · · · ·					25: 1: 24 16 101		
Week 8 Understanding Myself and Others: Being Independent - Money To know to recognise financial scams and fraud and know how to combat it. Week 9 Week 10 Understanding Myself and Others: Citizenship To understand what cyberbullying is and the laws around sharing images and sexting Research and summarise Martin Lewis' tips to stay financially safe online. Week 8 Making Healthy Choices: Understanding Mental Health To learn about different types of mental ill-health, how to live with mental ill-health and coping strategies. Week 9 Week 10 Understanding Myself and Others: Citizenship To understand what cyberbullying is and the laws around sharing images and sexting Research and summarise Martin Lewis' tips to stay financially safe Understanding Mental Health To learn about different types of mental ill-health, how to live with mental ill-health and coping strategies. Week 9 Week 10 Week 9 Week 10 Making Healthy Choices: Understanding Mental Health To understanding Mental Health To understand what stress is, how it affects you and practise stress management and self-care techniques. All students who successfully complete their active citizenship project will be recognised and rewarded for their commitment Noncy To know the law around knives, the consequences. Week 9 Week 10 Making Healthy Choices: Understanding Mental Health To understand what stress is, how it affects you and practise stress management and self-care techniques.	Week U	Others: Being Independent - Safety To understand how to assess the reliability and trustworthiness of a website and to reflect on difficult dilemmas online and in	dilemma to do with personal safety: what you would do, what	Week o	Being Healthy – Body Positivity and Self-Confidence To know what the body positively movement is, how to encourage yourself to be body positive and to practise strategies to improve self-		Week U		To write a speech to deliver to Year 7 and 8 around the dangers of gender stereotypes.	
Others: Being Independent - Money To know to recognise financial scams and fraud and know how to combat it. Week 9 Week 10 Understanding Myself and Others: Citizenship To understand what cyberbullying is and the laws around sharing images and sexting Others: Being Independent - Money To know to recognise financial scams and fraud and know how to recognise financial scams and fraud and know how to combat it. Week 9 Week 9 Week 9 Week 9 Week 9 Week 10 Managing Influence: To know the law around sharing images and scampaign slogan, a speech etc. Week 9 Week 10 Managing Influence: To know the law around sharing Mental Health To learn about different types of mental ill-health, how to live with mental ill-health and coping strategies. Week 9 Week 9 Week 10 Making Healthy Choices: Understanding Mental Health To understand what stress is, how it affects you and practise stress management and self-care techniques. All students who successfully complete their active citizenship project. Managing Influence: To know the law around knife crime and gang involvement. Week 9 Week 10 Managing Influence: To know the law around knife crime and gang involvement. Week 9 Week 10 Making Healthy Choices: Understanding Mental Health To understand what stress is, how it affects you and practise stress management and self-care techniques.	Week 7			Week 7			Week 7			
Week 10 Understanding Myself and Others: Citizenship To understand what cyberbullying is and the laws around sharing images and sexting To create an Anti-Bullying week resource that could be used in school to raise awareness of cyberbellying week resource that could be used in school to raise awareness of cyberbullying: a tweet, a campaign slogan, a speech etc. Week 10 Making Healthy Choices: Understanding Mental Health To understand what stress is, how it affects you and practise stress management and self-care techniques. Reflect, evaluate and report. Week 10 Minding Myself and Negative Choices To know what binge is, the dangers and project will be recognised and rewarded for their commitment rewarded for their commitment	Week 8	Others: Being Independent - Money To know to recognise financial scams and fraud and know	Lewis' tips to stay financially safe	Week 8	Understanding Mental Health To learn about different types of mental ill-health, how to live with mental ill-health and		Week 8	Minding Myself and Others: Managing Influences To know the law around knives, the consequences of knife crime and gang involvement.	To write to your local MP about knife crime and gangs in your local area.	
Others: Citizenship To understand what cyberbullying is and the laws around sharing images and sexting resource that could be used in school to raise awareness of cyberbullying: a tweet, a campaign slogan, a speech etc. Understanding Mental Health To understand what stress is, how it affects you and practise stress management and self-care techniques. Understanding Mental Health To understand what stress is, how it affects you and practise stress management and self-rewarded for their commitment Negative Choices To know what binge is, the dangers and the laws of the project will be recognised and rewarded for their commitment consequences.	Week 9			Week 9			Week 9			
Anti-Bullying Week 2023 (Make a Noise) Week 11 Week 11 Week 11		Others: Citizenship To understand what cyberbullying is and the laws around sharing images and sexting Anti-Bullying Week 2023	resource that could be used in school to raise awareness of cyberbullying: a tweet, a	Week 10	Understanding Mental Health To understand what stress is, how it affects you and practise stress management and self-	All students who successfully complete their active citizenship project will be recognised and		To know what binge drinking is, the dangers and the physical, social and emotional	To create a resource that could be used in school to highlight the dangers of binge drinking: a tweet, a speech, a campaign slogan.	

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Week 12	Understanding Myself and	To write an email to a Social		Week 12	Minding Myself and Others:	To write a letter to the Local
	Others: Democracy	Media company explaining why it			Substance Use	Community Police asking what
	To understand what extremism	is important to invest more			To understand the dangers of	they do to prevent drug abuse
	is and how young people are	resources into combating			class A drugs and to	and County Lines in the local
	exploited and radicalised.	extremist accounts.			understand what County Lines	area.
					is.	
Week 13				Week 13		
Week 14	Understanding Myself and			Week 14	Reflection: Looking Back,	To create an action plan for Year
	Others: Active Citizenship	To research one community or			Looking Forward	10.
	How to participate positively in	volunteering project in your local			To celebrate the success and	
	society through community	area and create a report of what			achievements of the last year	
	work and volunteering.	they do.			and set goals for Year 10.	
	An introduction to the Y8					
	Active Citizenship Project.					
Week 15						
Assessment			Assessment	Assessment		